

RETURN TO PLAY FOR CHEER AND DANCE TEAMS We acknowledge that Phases for each state and county may not coincide with this 'Return to Play' policy. For each phase, state/ local guidelines take precedence if they are more restrictive than this phased approach. We acknowledge that some Regions, Leagues or Associations will be allowed by their State/Local guidelines to progress to Stage 4 more rapidly than others.

Head Coach is responsible for Touchless thermometer, hand sanitizer, and sanitizing wipes.

No parents are allowed until PHASE 3.

PHASE 1:

Conditioning Only

- Each kid should have own water bottle
- Coaches greet player out of their car with a mask on
- Temperature of player should be taking and logged (high temp - they are to return to car, normal temp - the parents are giving ok to leave)
- Sanitize players hand and allow to head to designated meeting area
- All Coaches/Team Managers should be treated like players before heading to designated meeting area
- Groups of 10 or less (ex.. 22 players - 2 groups of 10 and 1 group of 2)
- Social Distancing rules apply to conversations before and after practices

PHASE 2:

Camp Setting

- Each kid should have own water bottle
- Coaches greet player out of their car with a mask on
- Temperature of player should be taking and log temperature (high temp - they are to return to car, normal temp - the parents are giving ok to leave)
- Sanitize players hand and allow to head to designated meeting area
- All Coaches/Team Managers should be treated like players before heading to designated meeting area
- Throwing, Catching, Handing off Balls are allowed (Coaches must use sanitizing wipes after each use)
- Tackling Dummies, Hand Shields, etc.... are allowed (Coaches must use sanitizing wipes after each use)
- Team Drills without use of a huddle
- Social Distancing rules apply to conversations before and after practices
- Each player brings their own towel
- If spectators are not encouraged – if they are present they must maintain social distancing protocols which include wearing face masks, personal hand sanitizer but are encouraged to stay in their personal vehicle instead.

- Mixing of groups will be discouraged – please refrain from gathering in the parking lot or open spaces near the field. Stay with the assigned group/team.

PHASE 3:

Full Equipment and Contact (Games and Practices)

- Each kid should have own water bottle
- Coaches greet player out of their car with a mask on
- Temperature of player should be taking (high temp - they are to return to car, normal temp - the parents are giving ok to leave)
- Sanitize players hand and allow to head to designated meeting area
- All Coaches/Team Managers should be treated like players before heading to designated meeting area

Games:

Players should be checked like practice and temps should be charted and available upon request (AYFL Head Coaches, Refs, Board Members, etc)
Should be done prior to I.D check.

During any of these steps any player, coach, and team manager should not participate are be present if he/she has a high temperature.

CDC Recommendations

- Advise Sick Individuals of Home Isolation Criteria
 - o Sick coaches, staff members, umpires/officials, or players should not return until they have met CDC’s criteria to discontinue home isolation.
- Isolate and Transport Those Who are Sick
 - o Make sure that coaches, staff, officials, players, and families know that sick individuals should not attend the youth sports activity, and that they should notify youth sports officials (e.g., the COVID-19 point of contact) if they (staff) or their child (families) become sick with COVID-19 symptoms, test positive for COVID-19, or have been exposed to someone with COVID-19 symptoms or a confirmed or suspected case.
 - o Immediately separate coaches, staff, officials, and players with COVID19 symptoms (i.e., fever, cough, shortness of breath) at any youth sports activity. Individuals who are sick should go home or to a healthcare facility, depending on how severe their symptoms are, and follow CDC guidance for caring for oneself and others who are sick. Individuals who have had close contact with a person who has symptoms should be separated and sent home as well, and follow CDC guidance for community-related exposure (see “Notify Health Officials and Close

Contacts” below). If symptoms develop, individuals and families should follow CDC guidance for caring for oneself and others who are sick.

- o Establish procedures for safely transporting anyone who is sick to their home or to a healthcare facility. If you are calling an ambulance or bringing someone to the hospital, try to call first to alert them that the person may have COVID-19.

- Clean and Disinfect

- o Close off areas used by a sick person and do not use these areas until after cleaning and disinfecting them (for outdoor areas, this includes surfaces or shared objects in the area, if applicable).

- o Wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, wait as long as possible. Ensure safe and correct use and storage of cleaning external icon and disinfection products, including storing them securely away from children.

- Notify Health Officials and Close Contacts

- o In accordance with state and local privacy and confidentiality laws and regulations, youth sports organizations should notify local health officials, youth sports program staff, umpires/officials, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA)external icon and other applicable laws and regulations.

- o Work with local health officials to develop a reporting system (e.g., letter) youth sports organizations can use to notify health officials and close contacts of cases of COVID-19.

- o Advise those who have had close contact with a person diagnosed with COVID-19 to stay home and self-monitor for symptoms, and to follow CDC guidance if symptoms develop.

- Those with a high-risk for severe illness should defer activity until Stage 3